



## **Fundraising Activities and Ways to Help Promote DENS**

### **Fun activities:**

- Sponsored sky dive
- Run a plant/cake or bric-a-brac sale
- Host a quiz night
- Take part in the sponsored sleepout for DENS
- Sponsored head shaving
- Hold an auction of promises
- Sponsored parachute jump
- Run a treasure hunt or an Easter egg hunt
- Have a fancy dress/dress down day at your work place
- Sponsored car wash at your Church/youth group/work place
- Hold a dinner party for your friends and ask for a donation of £5, £10 or £20 (show them the DVD – 'Poverty – How does it feel?')
- Sponsored abseil
- Hold a ball, dance or disco
- Gunge your boss for sponsorship!

### **Sporty ideas:**

- Organise a sponsored walk or bike ride
- Sponsored long-distance motor biking
- Sponsored swim
- Hold a football competition

### **Other ideas:**

- Do a sponsored slim
- Collect donations from the Harvest List at [www.DENS.org.uk](http://www.DENS.org.uk)
- Display information about DENS at your workplace
- Deliver leaflets to your neighbours informing them about homelessness in Dacorum

For more help or advice contact DENS at:

Tel: 01442 262274

Email: [office@dens.org.uk](mailto:office@dens.org.uk)

Web: [www.DENS.org.uk](http://www.DENS.org.uk)