



DENS Dacorum Foodbank

High Needs List April 2019

- ✓ 10p carrier bags
- ✓ Meat (Tinned)
- ✓ Potatoes (Tinned or Smash)
- ✓ Vegetables (Tinned)
- ✓ Sponge Puddings
- ✓ Custard
- ✓ Tinned fruit
- ✓ Rice
- ✓ Fruit squash
- ✓ Long life milk
- ✓ Jam
- ✓ Cereal bars
- ✓ Cleaning sprays
- ✓ Shampoo/conditioner
- ✓ Toilet rolls
- ✓ Black bin bags

Please note that:

- We request that all items are within their best before date and unopened.

**At the moment we have good supplies of
Dry Pasta, Tea and Breakfast Cereals.**

- All these items will be used to help those in need across DENS Services, supporting the Elms, Day Centre and Foodbank.

Thank you for your support.

For donations/deliveries, Weekdays 10am - 12pm
The Hub, Paradise, Hemel Hempstead HP2 4TF

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www.DENS.org.uk Charity No: 1097185