



## **DENS Foodbank - High Needs List – Jan/Feb 2019**

### **Food:**

Milk (UHT or powdered)  
Fruit juice (1L long life)  
Sponge Puddings  
Peas (Tinned)  
Potatoes (Tinned or Smash)  
Vegetables (Tinned)  
Meat (Tinned)  
Custard  
Jams and Spreads  
Chocolate  
Cereal Bars

### **For use within DENS services:**

10p Carrier Bags for Food parcels  
Washing up liquid  
Cleaning Sprays  
Liquid hand soap  
A4 white copy paper  
Black permanent marker pens  
Sellotape  
Mens socks

Please note that:

- Value brands are perfectly acceptable. We do however request that all items are within their best before date and unopened.
- **At the moment we have good supplies of Baked Beans, Soup, Tea and Breakfast Cereal.**
- All these items will be used to help those in need across the DENS services, supporting the Elms, Day Centre and Foodbank.

**Thank you for your support**

### **For donations/deliveries:**

The Hub, Paradise, Hemel Hempstead HP2 4TF

Weekdays 10am-12pm

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